

L.RAPHAEL

GENEVE

Beauty Opa & Wellness







# Welcome to

# L.RAPHAEL Beauty Spa & Wellness at The Grand Brighton

A sanctuary of calm on the coast, where heritage and modern wellness come together. In partnership with L.RAPHAEL, a globally renowned name in luxury beauty and innovation, our spa offers not only relaxation, but a results-driven approach to self-care.

Discover a carefully curated menu of treatments, from rejuvenating facials to deeply restorative body therapies, all designed to rebalance and renew. L.RAPHAEL's pioneering skincare technology, combined with the expertise of our therapists, ensures a spa experience that is both indulgent and effective.

Whether you're visiting for a single moment of calm or a full day of pampering, we invite you to relax, recharge, and reconnect with yourself.



# L.RAPHAEL SIGNATURE TREATMENTS

### "Secret of Lake Geneva" Customised Facial

A refined, tailored facial designed to address your skin's unique needs, using advanced techniques and products inspired by the serenity of Lake Geneva.

Ideal for rejuvenation and a radiant glow. This treatment helps restore vitality and balance, leaving your skin feeling deeply refreshed and nourished.

50/90 mins £150/£240

# Oxy Revive Fusion Facial

Combination treatment with oxygen and diamond exfoliation for deep cleaning and rejuvenation. This multi-action facial blends oxygen therapy with a diamond exfoliation for smoother, more vibrant skin. It stimulates circulation and collagen production while gently removing dead skin cells for enhanced absorption of nutrients.

The oxygen infusion revitalises tired skin, leaving it supple and glowing with renewed energy. Perfect before events or as a monthly boost to maintain a youthful, radiant complexion.

50 mins £350

# "Secret of Lake Geneva" Customised Aromatherapy Massage

Experience a personalised journey with this bespoke aromatherapy massage. Tailored to your individual needs, it combines essential oils inspired by the serenity of Lake Geneva to harmonise body and mind.

50/90 mins £120/£205

# L.RAPHAEL FACIALS

# Perfection Anti-Ageing with Vitamins and Anti-Oxidants

A high-end treatment to prevent and improve all visible signs of ageing and restore skin's quality and appearance. Reduces the look of fine lines, wrinkles and age spots thanks to a precious blend of innovative ingredients including exclusive LEC40 lipids complex.

Softens skin for a smoother, firmer and visibly lifted appearance thanks to Ameliox, an ingredient that provides a Botox like effect. The skin is noticeably more lifted and glowing with a newly refined smoothness.

50/90 mins £155/£260

# Ultimate Firming and Lifting Revitalising Facial

An intensive hydrating treatment, which prevents dryness and enhances the skin's ability to retain moisture. Immediately nourishes the skin for a glowing appearance, fine lines and wrinkles are reduced with Syn Coll active, targeted to stimulate collagen production.

The intercellular barrier is restored and strengthened thanks to a purified blend of plant ceramides and microalgae.

50/90 mins £135/£230

### Proactive Radiance with Pure Vitamin C

An express Vitamin C skin correcting therapy that visibly unifies skin tone and texture.

Reduces the look of apparent wrinkles while protecting and boosting the skin against environmental pollution and damages of free radicals with concentrated Vitamin C for cell regeneration.

Treatment enriched in Raffermin and Liftiline botanical proteins ingredients to firm and tighten the skin immediately.

50/90 mins £125/£215





# L.RAPHAEL FACIALS

# Mineral Skin Re-Balancing

Hydrates the skin while minimising enlarged pores and re-balances skin excess oil production by refining overall skin texture. EverMat plant extract provides a long lasting mattifying finish to the skin without dehydration thanks to the Lacricyl Mushroom extract that helps the skin retain moisture and while providing an anti-inflammatory effect.

50/90 mins £90/£180

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50/90 mins £150/£240

# Extra Vitamin C Mask (on request)

Boost any facial treatment with this powerful Royal C Vitamin C mask, designed to increase collagen production, reduce pigmentation, and minimise wrinkles. Its potent antioxidant properties provide exceptional protection, leaving your skin radiant, with an even tone and a healthy, youthful glow.



# L.RAPHAEL ANTI-AGEING

# Diamond Skin Detox

Unclogs pores while promoting a healthy, radiant glow.

A purifying treatment that deeply cleanses the skin, removes impurities, and boosts luminosity. This detoxifying ritual uses advanced techniques to extract buildup and refine texture, helping the skin breathe again. Infused with active ingredients, it works beneath the surface to minimise the appearance of pores and even out tone. Ideal for dull, stressed skin in need of a fresh start and renewed clarity.

50 mins £225

### Cellular Renew

Anti-ageing renewal with Lecitin & Oxygen technology.

A high-performance treatment targeting fine lines and dullness, promoting youthful firmness and cellular vitality. Utilising advanced anti-ageing formulas, it accelerates skin regeneration and boosts oxygenation at a cellular level. Skin becomes visibly smoother and firmer, with improved elasticity and tone. Best suited for those seeking a powerful age-defying solution with immediate and lasting results.

50 mins £440

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The oxygen infusion revitalises tired skin, leaving it supple and glowing with renewed energy. Perfect before events or as a monthly boost to maintain a youthful, radiant complexion.

50 mins £350

# Scalp Renewal Ritual

Stimulates scalp rejuvenation and smooths hair follicles.

An invigorating scalp treatment that promotes healthy hair, nourishes roots, and soothes the scalp for overall hair vitality. Combining massage techniques with nutrient-rich serums, it enhances blood flow and relieves tension. The ritual helps detoxify the scalp environment, encouraging stronger, shinier, and more resilient hair. Ideal for those experiencing hair thinning, dryness, or simply looking to revitalise their hair care routine.

50 mins £350

# Eyes Revival

Brightens under-eye circles and awakens tired eyes. A targeted eye treatment that soothes puffiness, lifts fatigue, and restores a refreshed look. Using cooling techniques and specialised serums, this treatment improves circulation and reduces signs of stress. It also helps to plump and hydrate the delicate eye area for a smoother, more youthful appearance. Recommended for anyone experiencing screen fatigue, sleepless nights, or early signs of ageing.

50 mins £350

## Purity Reset: Balance & Glow

Deeply purifies and rebalances oily or congested skin. Designed to cleanse pores, control excess oil, and leave the skin feeling clear and fresh with a natural glow. This treatment includes a detoxifying mask and light extractions to refine skin texture and reduce breakouts. Balancing botanicals and calming ingredients help soothe inflammation and restore equilibrium. An essential reset for skin that needs clarity, calm, and a luminous matte finish.

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50 mins £350



# L.RAPHAEL MASSAGES

# Swedish Massage

A classic full-body massage employing long, flowing strokes and gentle kneading to promote relaxation and improve circulation. Perfect for relieving muscle tension and enhancing overall well-being.

50/90 mins £115/£210

# Deep Muscular Massage

Targeting deeper muscle layers, this intensive massage alleviates chronic tension and muscle knots, enhancing mobility and relieving persistent discomfort. Also ideal for those engaging in rigorous physical activity.

50/90 mins £120/£205

# "Secret of Lake Geneva" Customised Aromatherapy Massage

Experience a personalised journey with this bespoke aromatherapy massage. Tailored to your individual needs, it combines essential oils inspired by the serenity of Lake Geneva to harmonise body and mind.

50/90 mins £120/£205

# Stress Relief Massage

This calming massage is designed to melt away stress and tension. Utilising calming techniques & helping to restore mental clarity and physical relaxation. Perfect for those seeking to relax and recharge after a hectic day.

50/90 mins £120/£205

# Detoxifying Massage

Utilising specialised techniques to stimulate the lymphatic system, this massage aids in eliminating toxins, reducing fluid retention, and revitalising the body while promoting relaxation.

50/90 mins £120/£205

# Head & Shoulder Massage

Unwind with a focused massage targeting the head, neck, and shoulders to relieve tension and ease headaches. Perfect for those with tight muscles or stress from long hours in the same position.

50/90 mins £120/£205

# Couple Massage

Share a tranquil experience with a loved one through simultaneous massages in a serene setting. Each person receives a personalised treatment, fostering connection and mutual relaxation.

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Price dependent on treatment



#### NAILS

#### Manicure

A classic hand care treatment that shapes the nails, softens the cuticles, and nourishes the skin. Finished with a gentle massage and natural buff or polish for a neat, well-groomed look.  $50\ mins\ f40$ 

#### Pedicure

A rejuvenating foot care treatment that smooths skin, tidies nails amd cuticles, and relaxes tired feet. Ideal for both comfort and polished, well-cared-for toes. 50 mins £80

### Manicure & Nail Polish (semi-permanent)

Includes all the essentials of our classic manicure with the added benefit of long-lasting semi-permanent polish. Enjoy chip-resistant colour and a flawless finish that lasts for weeks. 50 mins £80

# L.RAPHAEL **SLIMMING**

# OxyTone Body Perfecting Ritual

This targeted body treatment helps to firm and tone the skin while improving texture and radiance. Combining lecitine with oxygen, vitamins, and botanical extracts, it works to reduce the appearance of cellulite and stretch marks. The ritual includes a slimming massage with a unique gel and a fat-burning body oil, leaving the skin feeling smoother, revitalised, and visibly refreshed.

50/90 mins £335/£580

# Firm Figure Body Ritual (with Scrub)

Enhance your silhouette with this body ritual combining exfoliation. Designed to tone and firm the skin, it leaves you feeling rejuvenated and radiant.

50/90 mins £165/£285



# L.RAPHAEL MEN

# Massage & Body Therapy Muscle Recovery Massage

Ideal for physically active men or anyone experiencing tightness, this massage targets deep muscle layers to ease soreness, improve flexibility, and accelerate post-workout recovery.

50/90 mins £115/£200

# De-Stress Massage

A focused treatment to release built-up tension in the back, shoulders, and neck. Helps restore calm, improve sleep quality, and reduce the physical toll of stress.

50/90 mins £120/£205

# Power Boost Massage

An energising full-body massage designed to awaken circulation, increase vitality, and sharpen mental clarity. Ideal for low-energy days or pre-performance recharge.

50/90 mins £120/£205

# Nail Care & Grooming Precision Hand Grooming

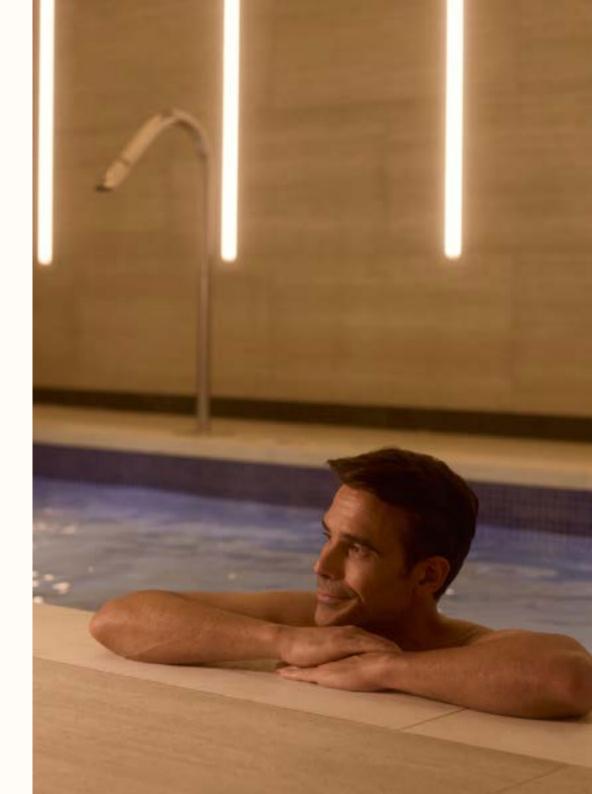
A clean, fuss-free treatment that shapes nails, tidies cuticles, and nourishes the skin. Finished with a matte buff for a neat and well-groomed appearance, no polish necessary.

50 mins £40

# Active Recovery Pedicure

Designed for men on their feet, this revitalising treatment smooths rough skin, trims and shapes nails, and includes a relaxing foot massage to relieve tension and fatigue.

50 mins £80





# Advanced Skin & Scalp Treatments

# Scalp Renewal Ritual

A revitalising scalp treatment to nourish roots, relieve tension, and support healthy hair growth. Perfect for men experiencing dryness, thinning, or high-stress lifestyles.

50 mins £350

# Eye Repair Treatment

A targeted eye treatment to address puffiness, dark circles, and screen fatigue. Cooling techniques and antioxidant-rich serums restore brightness and hydration to tired-looking eyes.

50 mins £350

# Tailored Performance Facial

Fully personalised to your skin's current needs, hydration, repair, detox, or antiageing; this treatment is custom-designed to deliver visible results with no fuss. Ideal as a regular maintenance facial for men who want clean, healthy skin.

50 mins £350

### Cellular Renew Facial

A results-driven anti-ageing facial using lecithin and oxygen technology to firm, smooth, and energise the skin. Designed to fight fine lines, dull tone, and signs of fatigue for a healthier, more youthful appearance.

50 mins £440

# Power Cleanse Facial

A tailored deep-cleansing facial designed specifically for men's skin. This treatment targets congestion, razor irritation, and dullness, leaving skin feeling refreshed, balanced, and energised.

50 mins £440

# L.RAPHAEL TOP 5 PRODUCTS



# Perfection Eye Cream

A luxurious eye cream with extraordinary anti-ageing and revitalising benefits, that visibly tightens the look of the skin. It helps to restore, smooth and perfect the delicate skin around the eye area.

£513



### Mineral Oil Control Serum

An exceptional oil control serum targeted to give you a clear, matte appearance and even skin tone. It delivers pore tightening, shine reduction and skin refining properties.

£167



#### Proactive Vitamin C Serum

An innovative, anti-ageing formula designed to give your skin a brighter and more luminous look. It prevents the appearance of wrinkles, promotes brightening benefits and minimises dark spots and discolouration.

£367



# Green Caviar Overnight Repair Mask

A luxurious overnight mask designed for restoration and repair. Enriched with exclusive LEC40, botanical green caviar, and prebiotic extracts, it boosts elasticity, supports the skin's microbiome, and promotes lasting hydration and radiance.

£244

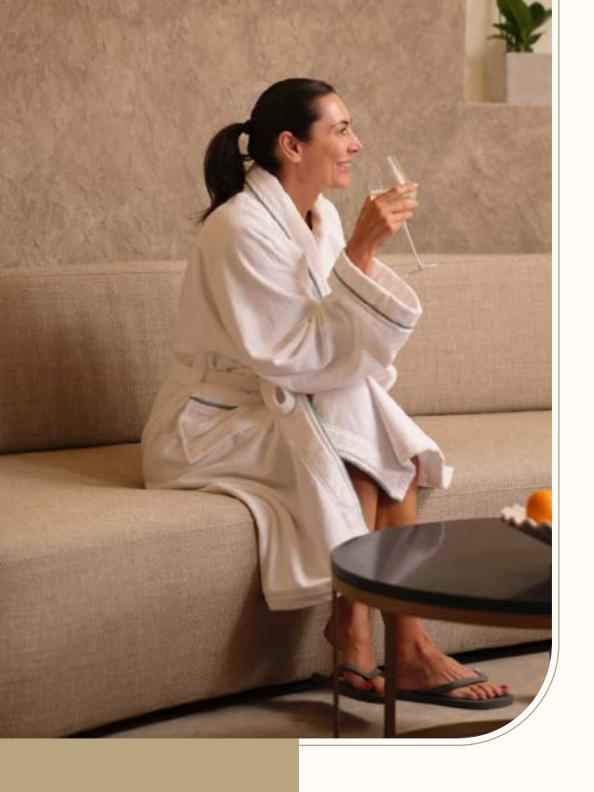


# Ultimate Anti-Wrinkle - Day & Night Cream

Innovative formulas designed to smooth fine lines, improve elasticity, and deeply hydrate. Choose day or night depending on your skin's needs — for protection, regeneration, and long-lasting radiance.

Day | £358 Night | £367





### PLEASE TAKE A MOMENT TO READ OUR SPA ETIQUETTE

Appointments - Spa Reservations: +44 (0)1273 224300 For all treatments and Thermal Spa use, please call the spa.

**Booking Advice** - Please notify your therapist of any medical conditions, skin allergies, or previous adverse reactions to products. Please advise us of any recent medical procedures or pregnancy prior to scheduling your appointment. Allow three days after Botox, fillers, or collagen injections before seeking facial treatment.

**Age Restrictions** - Spa treatments are available to guests aged 18 years and over. Babies and small children are not permitted within the spa.

Cancellation Policy - We operate a 24-hour cancellation policy. If you cancel within 24 hours, 100% of the treatment cost will be charged. To secure your appointment, full payment is required for all services on the day of booking.

**Arrival** - Please arrive 15 minutes prior to your appointment to begin your relaxation process. Completion of our consultation form ensures our therapists can perform treatments best suited to your needs. We offer our guests a reliable treatment schedule; therefore, late arrivals will not receive an extension of their treatment time. The full treatment price will still apply.

What to Wear - Robes, towels, and flip-flops are provided within the spa. We also provide disposable underwear (male and female) for body treatments. Alternatively, you may choose to wear your own underwear or swimwear. Our spa therapists are professionally trained in draping techniques to ensure your privacy and comfort.

**Swimwcar** - Please bring swimwear for use in the Thermal Experiences, including the steam room, sauna, experience shower, hydro-pool, and jacuzzi. Nudity is prohibited; swimsuits must be worn at all times.

Changing Facilities - Lockers are provided, along with male and female amenities for bathing.

Valuables - We recommend valuables be left in the safety deposit box provided in your room. We cannot be held responsible for lost items. Lost items will be held in our lost property for three months before being donated to charity.

Mobile Phones and Other Electronic Devices - To ensure peace and tranquillity, we respectfully request that mobile phones and other electronic devices be placed on silent. Their use is not permitted in the spa or relaxation room. Your kind cooperation is greatly appreciated.

Gift Certificates - Personalised gift certificates are available for all spa treatments. Certificates are valid for 12 months, are non-transferable, and can be redeemed for services only.

Gratuity - You may add a gratuity for your therapist if you wish, but it is not expected.





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